

POSITIVE RESPONSE

TRAINING AND CONSULTANCY



INTRODUCTION

Positive Response Training & Consultancy provides evidence-based solutions to the prevention and management of complex challenging behaviours in people with developmental disabilities and other special needs. We focus on improving the wellbeing of both service users and carers.

ABOUT US

All our staff have significant experience in supporting people with challenging behaviours. This experience is in direct support, management, clinical leadership and academia, and spans services for people with intellectual disabilities, autism and mental health needs. The team is led by Dr David Allen, the clinical director, and includes consultants, associates and business manager. In addition, we have 16 trainers based around the UK.

WHAT CAN WE DO FOR YOU?

Positive Response Training & Consultancy will work with you to:

- help you embed a Positive Behavioural Support Model within your service
- train your staff to ethically manage incidents of serious challenging behaviour that are not preventable.

These are the two recognised cornerstones of providing effective services for our most vulnerable citizens, and Positive Response Training and Consultancy can help you make a real difference to the lives of people who challenge services and those who support them.

MISSION STATEMENT

Our aim is to provide high-quality training for organisations and families supporting people with complex behavioural challenges. Our PBMpro training is underpinned by the principles and values of Positive Behavioural Support and has been used for over 30 years, delivering person-centred, socially valid approaches to the prevention and safe management of behaviours that challenge. Working in partnership with referring agencies we strive to improve the quality of life of vulnerable people in care services and to reduce the use of restrictive practices.

POSITIVE BEHAVIOURAL SUPPORT

We have a range of PBS options which provides a whole organisation approach to embedding PBS in practice across all levels of staffing. There is a more detailed leaflet on our PBS training webpage.

PBS Training - Positive Approaches to Challenging Behaviour

This CPD approved one-day training course is applicable to all staff who support service users whose behaviours challenge. The course enables participants to clearly define what makes behaviours challenging, introduces a model to explain why behaviour happens, describes the fundamental elements of the PBS model, presents an entry-level approach to functional assessment and then majors on primary prevention interventions. You can purchase the training course in two ways:

1. A one-day course for up to 20 staff delivered by us in your own venue. Fee £895 (plus VAT).
2. A self-directed version that can be completed by participants working individually or as part of a larger group. Initial licence fee £695 plus an annual renewal fee of £195 (plus VAT).

BBATpro

Central to Positive Behavioural Support is the process of Functional Behavioural Assessment: finding out under what conditions a person's behaviour tends to occur and what outcomes it achieves for them. It is only by producing such an assessment that we can properly understand the meaning behind a person's behaviour and plan appropriate supports, and we know that intervention plans based on Functional Behavioural Assessment are significantly more successful than those which are not.

BBATpro will help you to carry out an entry level functional assessment of challenging behaviour. It is a semi-structured functional assessment tool that comes with a detailed manual that provides instructions for both completing the interview and interpreting the results. The BBATpro manual also provides instructions for supplementing the interview with direct observations and guidance on producing entry level PBS plans. Licence fee £75 plus VAT.

PBSpro

PBSpro is a unique online functional assessment tool for use by parents, paid care staff and professionals. PBSpro delivers more in-depth assessment and intervention plans for people with more complex behaviours (though it can also be used with people presenting any degree of behavioural challenge). The programme will guide you through an online Behavioural Assessment Interview which then generates a comprehensive Behavioural Assessment Report on the person that you support.

You can then add more observational data via Behaviour Monitoring Forms to produce a more enhanced and complete functional analysis. Both your assessment interview and observational data can be added to at any point in the future and your functional assessment updated as a result. The programme will enable you to produce a Positive Behavioural Support plan for the person you support. £12.99 inc VAT per stage (3 stages). See the PBSpro page for more details.

POSITIVE BEHAVIOUR MANAGEMENT PRO

Positive Behaviour Management Pro (PBMpro) has been assessed by BILD ACT (Association of Certified Training) and complies with the Restraint Reduction Network (RRN) Training Standards. Accredited training will be a requirement for NHS commissioned services and the Care Quality Commission from April 2020. Our accreditation is valid until November 2022.

PBMpro training is individually tailored for the following service user groups:

- Adults with learning disabilities or autism
- Adults with acquired brain injury
- Adults with mental health conditions
- Children & Young People
- Child & Adolescent Mental Health (CAMHS)
- Older people with dementia

PBMpro complements our Positive Approaches to Challenging Behaviour course by providing further information on primary prevention PBS strategies including those critical to effective restraint reduction, the scope for proactive intervention during the course of challenging incidents, trauma-informed PBS and the critical role of communication.

The physical intervention component focuses on the use of personal space and breakaway techniques together with a limited number of restraint procedures (if required), all supported by underpinning knowledge and values stemming from evidence-based practice and empirical research. None of our techniques employ pain to achieve compliance and known high-risk procedures are avoided.

We firmly believe that effective support for service users whose behaviours challenge needs to be positive, proactive, and constructive, and delivered in the least restrictive manner possible, elements which we ensure are brought into all aspects of the training and consultancy we offer.

Training can either be delivered locally directly to care staff or families over 2.5-3 days or we offer a 10 day train the trainer course. There is a more detailed leaflet on our PBMpro training webpage.



Visit our website for more details on any of our products and services:

www.positive-response.co.uk

Or call the office on 01326 377401